

II.

You are in your home, going about your day as usual. As evening falls, you feel a sense of foreboding. When you reach out to open your bedroom door, you see that the veins in your hand have turned black as ink. You examine your hands and see the blackness spreading, until the ends of your fingernails crumble and fall off. You run to the bathroom and look in the mirror: your face is being covered with spreading black veins, and your skin has taken on a deathly grey pallor. As you watch, your hair falls out in clumps, and your face begins to twist and distort.

You awake with a start, and find you cannot get back to sleep. Make a CON check to avoid taking a penalty die on your skill checks for the next day.